



RDSB Elementary Volleyball Intermediate Rules and Regulations (Revised October, 2019)

1. Unless otherwise stated the current rules designated by the OVA (Ontario Volleyball Association) will be followed.
2. Net heights for intermediate boys will be 220 cm and for intermediate girls it will be 215 cm.
3. Net calls will be as follows: no touching the net and no crossing the centre court line. If the player's hand or foot touches the line, but does not completely cross then there is no foul.
4. Double contacts by a player are legal on a team's first contact. Lifts (a caught ball) will be called as a ball handling fault at all times. Ball handling calls cannot be challenged.
5. The tournament format will be divided into two divisions. Division 1 will consist of 8 teams, and the remainder of the teams will be placed in Division 2. Seeding will be determined by the committee after careful consideration of tournament results throughout the season of play. The committee will be seeking results from any schools hosting a tournament. Players may only be registered on one team.

The tournament format for Division 1 will be as follows:

There will be 2 pools of 4 teams. Round robin will be 2 set matches while playoff matches will be played best 2 out of 3, with the first two sets played to 25 with no cap while the third set played to 15 with no cap. Teams must win by 2 pts.

The tournament format for Division 2 will be as follows:

Teams will be placed in 4 pools. Round robin will be single set matches to 25 points for pool play, with a cap at 27. Championship rounds will also be single set matches to 25 points, with no cap, up until the Finals. Finals will be played best 2 of 3, with the first two sets played to 25 with no cap while the third set played to 15 with no cap. Teams must win by 2 pts in Championship round games.

6. In the case of a two-way tie, head to head will be considered first. In the case of a three or four way tie, a point ratio between the tied teams will be considered first. If a tie still exists, head-to-head draw will be considered second and a point ratio for all teams in the pool will be considered third.
7. In the A Division, a 2-2-1 warm-up will be given prior to each match. In order to help us stay on time in the B Division, a 2-2-1 warm-up will only be given if time allows, however a one minute of service time will be given prior to each match.
8. Each team must have six players to play. The coach will submit a line-up card to the referee for each set.
9. Uniforms must have a number on either the front or back but are not required to match. Taped numbers are permitted if necessary. Numbers on both the front and back are ideal.
10. The coach will be given the choice of A-B-A substitution (unlimited) or rotating players in. If players are rotated in then the coach must maintain a consistent rotation schedule. If an injury occurs the coach may substitute the injured player off the court. There will be no "fast change" all players need to be called onto the court by an official.
11. All games must begin on time. When the game time is not set on a schedule, games are to begin 5 minutes after the previous game has ended. A 5-minute grace period will be given from game start time (i.e. posted or 5 minute after previous match) and then a one point penalty will be given per minute of delay at the discretion of the referee.
12. Teams must have a floor captain and the captain will communicate between the coach and the referee. Coaches are not permitted to communicate directly with the referee.
13. Service lines may vary depending on courts. In a case where there is less than 2m on either side, servers will be allowed one step over the service line. Referees will confirm before play, and all teams will be made aware.
14. No jewellery is to be worn on the court including rubber bracelets. Only medic-alert bracelets, tags and necklaces are exempt from this rule. Taped piercings are also not allowed. The coach is responsible to ensure that all jewelry from all athletes is removed. If an athlete is caught wearing jewellery, the team will be penalized by a loss of serve and a point will be awarded to the opposite team.
15. A coin toss during warm-up will determine which team will serve first.

16. Teams are allowed two (1 min.) time-outs per set, including the third set.

17. Other:

- a. No food or drinks will be permitted in the gymnasium areas.
- b. Players and coaches are reminded not to leave any valuables in the change rooms or unattended in the hallways.
- c. Coaches are responsible for bringing their own first aid kit and warm-up balls.
- d. All students must be supervised by an adult if not in the gym area. If a member of your teams is caught acting in an inappropriate manner, that player will be asked to leave the premises immediately.